

CIRCUS SKILLS FUN DAY

LEARNING THROUGH FUN

This is a fantastic fun day introducing the children to a wide range of circus skills equipment in a relaxed and playful environment. The emphasis throughout the day is on experiential learning encouraging the children to use their imagination and just play.

NATURAL BRILLIANCE MODEL

Children are brilliant in so many different ways and yet through lack of confidence, low self esteem and stuck states most of them never seem to reach their full potential. It is our intention throughout the day to teach a variety of learning tools which will help them achieve so much more..

NATIONAL CURRICULUM

The circus skills programme has been carefully designed to compliment many area of the national curriculum for key stage 1-3. When we teach children circus skills we use a brain friendly learning approach encouraging social, emotional, intellectual and physical development. The children are introduced to a variety of successful learning strategies and encouraged to experiment and play with these to experience what works for them.

WHAT THE CHILDREN WILL LEARN:

- **Relaxed Alertness:** the children will be introduced to a variety of fun brain friendly learning games so that they are in a relaxed learning state
- **Introduced to Juggling:** the children will play a variety of fun juggling games to build their confidence and skill level
- **Plate Spinning:** they will learn the concept of balance and hand eye coordination whilst performing ridiculous and crazy challenges.
- **Diablo and Flower Sticks:** practise makes perfect and the children are given plenty of time to play and experiment with the various trick challenges
- **Stilts and Tight Rope Walking:** practice your balancing skills on different level stilts and test how far you can walk.
- **Finale:** at the end of the session children are given an opportunity to show off their new skills and receive a certificate of achievement.

A DAY DESIGNED SPECIFIC TO YOUR REQUIREMENTS

We know all about timetable restrictions and how difficult it can be fitting in new activities. We are extremely flexible and all you need to do is pick a day that suits you and we will sort out the rest.

A DAY TO REMEMBER

Although we have a specific programme designed for each year group there is a great deal of flexibility within this. For example some schools would like us to work with all the year groups on the day and others want us to concentrate on one specific year. There may be certain school projects and our learning games programmes would compliment what is currently going on in school. The bottom line is that we have the resources and flexibility to adapt to what the school requires.

ON BOOKING

Once we have agreed on a date and time a contract will be sent to the school confirming all details. An appointment will be made for a member of our staff to visit the school to finalise arrangements, view the activity site and plan the session. This is an excellent opportunity to meet the head teacher to discuss the planned event and make any final adjustments.

ON THE DAY

The day starts with a fun interactive assembly where our teachers /jugglers demonstrate the skills they are going to teach and of course show off a bit! The pupils then attend the circus skills class one group at a time (35 mins approx) where they are introduced to a wide selection of balance and coordination challenges. We are capable of teaching up to 175 pupils in a day; however, we can accommodate more.

CIRCUS SKILLS EQUIPMENT SHOP

At Optimum Learning we realise that learning is on going and to really become proficient at circus skills it involves continuous practise. At the end of the day children have the opportunity to order any of the circus skills equipment which will allow them to continue practising and become awesome circus skills performers.

GUARANTEE

At Optimum Learning we are passionate about delivering challenging and entertaining smart games programmes to schools and the private sector. We guarantee that our teaching staff will make this day a wonderful and memorable learning experience for all the children throughout the day.

CLUBS

Once the children have experienced the Circus Skills day they will catch the bug and will want more. To encourage children to really come to grips with their new skills they have learnt we offer schools a variety of options for continuous learning.

- Breakfast Clubs
- Lunchtime Clubs
- After School Clubs
- P.P.A Time

FLEXIBLE OPTIONS

Family Learning Evenings,PTA Events, Open Days, Year Six Leaving Days, Parents Evenings, Taster Sessions, Assemblies and Inset Days.

ACTIVITY DAYS ALSO AVAILABLE

Health and Fitness Fun, Sports Fundamentals, Silly Sports and Goofy Games, Olympic Games, Circus Skills Fun, Gymnastics and Sports Acrobatics, Co-Operative Games, Sports Challenge, Creativity Games and Football Super skills Day.

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